

## Apple-Nut Coffee Cake, 1 Layer

Nutri	tion	Fa	cts
Serving Size 5			
Servings Per (			
Amount Per Ser	ving		
Calories 420	Calor	ies from	Fat 200
Ca	alories From	n Saturate	d Fat 45
		% Dai	ly Value*
Total Fat 22	'a		34%
Saturated Fat 5g			24%
Trans Fat 0g			
	urated Fat 1	11~	
	turated Fat	υy	14%
Cholesterol 40mg			
Sodium 350r	ng		14%
Potassium	150mg		4%
<b>Total Carbo</b>	hydrate 5	53g	18%
Dietary Fib	er 2g		7%
Sugars 36	g		
Sugar Alco	phol 0g		
Protein 4a			8%
			4=0/
Vitamin A			45%
Vitamin A Vitamin C			4%
			4%
Vitamin C			4%
Vitamin C Calcium			4%
Vitamin C Calcium Iron			4% 4% 8%
Vitamin C Calcium Iron Vitamin D Vitamin E			4% 4% 8% 25% 0%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K			4% 4% 8% 25%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin			4% 4% 8% 25% 0% 2% 8%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin			4% 4% 8% 25% 0% 2% 8% 6%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6			4% 4% 8% 25% 0% 2% 8% 6% 4%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12			4% 4% 8% 25% 0% 2% 8% 6% 4% 2%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values	may be higher		4% 4% 8% 25% 0% 2% 8% 6% 4% 2%
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val	may be higher ls.	r or lower dep	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% alorie diet.
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need	may be higher ls. Calories	or lower dep	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% allorie diet. bending on
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values	may be higher ls.	r or lower dep	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% alorie diet.
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need Total Fat Sat Fat Cholesterol	s may be higher its.  Calories  Less than Less than Less than	2,000 65g 20g 300mg	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% allorie diet. bending on 2.500 80g 25g 300mg
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium	may be higher Is. Calories Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% allorie diet. bending on 2.500 80g 25g 300mg 2,400mg
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate	may be higher Is. Calories Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg 300g	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% allorie diet. bending on 2,500 80g 25g 300mg 2,400mg 3,75g
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber	may be higher Is. Calories Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% calorie diet. bending on 2.500 80g 25g 300mg 2,400mg
Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Val Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Calories per gram	may be higher Is. Calories Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg 300g 25g	4% 4% 8% 25% 0% 2% 8% 6% 4% 2% allorie diet. bending on 2,500 80g 25g 300mg 2,400mg 375g

INGREDIENTS: SUGAR, APPLES, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) (WHEAT), CARROTS, SOYBEAN OIL (SOYBEANS), PINEAPPLE, WHOLE EGGS (EGG), WATER, WALNUTS (TREE NUTS), COCONUT (COCONUT, SUGAR, WATER, PROPYLENE GLYCOL) (TREE NUTS), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE CARRAGEENAN AS STABILIZERS, VITAMIN D3) (EGG, MILK, SOYBEANS), POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), SHORTENING (PALM OIL AND SOYBEAN OIL, WITH MONO- AND DIGLYCERIDES ADDED) (SOYBEANS), PAN COATING: CANOLA OIL AND SOY LECITHIN (SOYBEANS), BROWN SUGAR (SUGAR, INVERT SUGAR & CANE MOLASSES), MODIFIED CORN STARCH, BAKING SODA, SALT, VANILLA (NATURAL & ARTIFICIAL FLAVORING), BAKING POWDER (CORN STARCH, SODIUM BICARBONATE (BAKING SODA), ANHYDROUS SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), SPICES, CINNAMON

CONTAINS: EGG, MILK, SOYBEANS, TREE NUTS AND WHEAT.



## Cinnamon Streusel Coffee Ck, 1 Layer

Nutri	tion	Fa	cts		
Serving Size 4	4 oz (113 g)				
Servings Per					
Amount Per Ser					
Calories 390		ries from			
Calories From Saturated Fat 50					
		% Dai	ily Value*		
Total Fat 21	1g		33%		
Saturated Fat 6g			28%		
Trans Fat 0g					
	urated Fat 9	9a			
	turated Fat				
Cholesterol		- 3	15%		
Sodium 370mg			15%		
Potassium			4%		
Total Carbo		10a	16%		
Dietary Fit		rog	4%		
Sugars 31					
Sugar Alco					
	onor og		7%		
Protein 3a			1 /0		
1					
Vitamin A			50%		
			50% 4%		
Vitamin A					
Vitamin A Vitamin C			4%		
Vitamin A Vitamin C Calcium			4% 2%		
Vitamin A Vitamin C Calcium Iron Vitamin D			4% 2% 6%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E			4% 2% 6% 25% 0%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K			4% 2% 6% 25% 0% 2%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin			4% 2% 6% 25% 0% 2% 8%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin			4% 2% 6% 25% 0% 2% 8% 6%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6			4% 2% 6% 25% 0% 2% 8% 6% 2%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin			4% 2% 6% 25% 0% 2% 8% 6%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values	s may be higher		4% 2% 6% 25% 0% 2% 8% 6% 2% 2%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va	s may be higher		4% 2% 6% 25% 0% 2% 8% 6% 2% 2%		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need	s may be higher ds. <u>Calories</u> Less than	2,000 65g	4% 2% 6% 25% 0% 2% 8% 6% 2% 2% calorie diet. pending on 2,500 80g		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need	s may be higher ds. Calories Less than Less than	2,000 65g 20g	4% 2% 6% 25% 0% 2% 8% 6% 2% 2% calorie diet. bending on 2.500 80g 25g		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need Total Fat Sat Fat Cholesterol	s may be higher ds.  Calories  Less than Less than Less than	2,000 65g 20g 300mg	4% 2% 6% 25% 0% 2% 8% 6% 2% 2w allorie diet. bending on 2.500 80g 25g 300mg		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium	s may be higher ds.  Calories  Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg	4% 2% 6% 25% 0% 2% 8% 6% 2% 2% calorie diet. bending on 2.500 80g 25g 300mg 2,400mg		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber	s may be higher ds.  Calories  Less than Less than Less than Less than Less than	2,000 65g 20g 300mg	4% 2% 6% 25% 0% 2% 8% 6% 2% 2w allorie diet. bending on 2.500 80g 25g 300mg		
Vitamin A Vitamin C Calcium Iron Vitamin D Vitamin E Vitamin K Riboflavin Niacin Vitamin B6 Vitamin B12 * Percent Daily Va Your daily values your calorie need Total Fat Sat Fat Cholesterol Sodium Total Carbohydrate Dietary Fiber Calories per gram	s may be higher ds.  Calories  Less than Less than Less than Less than Less than	2,000 65g 20g 300mg 2,400mg 300g 25g	4% 2% 6% 25% 0% 2% 8% 6% 2% alorie diet. bending on 2,500 80g 25g 300mg 2,400mg 375g		

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