

Carrot Cake w/ Nuts, 2 Layer

Nutrition Facts

Serving Size 6 oz (170 g)
Servings Per Container 12

Amount Per Serving

Calories 640 **Calories from Fat** 330

Calories From Saturated Fat 90

% Daily Value*

Total Fat 36g **56%**

Saturated Fat 10g **52%**

Trans Fat 0g

Polyunsaturated Fat 16g

Monounsaturated Fat 8g

Cholesterol 70mg **23%**

Sodium 460mg **19%**

Potassium 180mg **5%**

Total Carbohydrate 75g **25%**

Dietary Fiber 2g **7%**

Sugars 56g

Sugar Alcohol 0g

Protein 6g **11%**

Vitamin A 70%

Vitamin C 4%

Calcium 6%

Iron 8%

Vitamin D 0%

Vitamin E 0%

Vitamin K 4%

Riboflavin 10%

Niacin 6%

Vitamin B6 6%

Vitamin B12 2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), SUGAR, CARROTS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL (SOYBEANS), PINEAPPLE, WHOLE EGGS, CREAM CHEESE (PASTEURIZED CULTURED MILK & CREAM, CHEESE CULTURE, SALT, STABILIZERS (XANTHAN &/OR CAROB BEAN &/OR GUAR GUM)), WALNUTS (TREE NUTS), MARGARINE (VEGETABLE OIL BLEND (PALM OIL & SOYBEAN OIL), WATER, SALT, CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED, WHEY) (MILK), COCONUT (COCONUT, SUGAR, WATER, PROPYLENE GLYCOL) (TREE NUTS), BAKING SODA, SALT, VANILLA (NATURAL & ARTIFICIAL FLAVORING), BAKING POWDER (CORN STARCH, SODIUM BICARBONATE (BAKING SODA), ANHYDROUS SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), LEMON PUREE (WATER, CITRIC ACID, SUGAR, LEMON PULP CELLS, HIGH FRUCTOSE CORN SYRUP, LEMON JUICE CONCENTRATE, LEMON OIL, SODIUM CITRATE), SPICES

CONTAINS: EGG, MILK, SOYBEANS, TREE NUTS AND WHEAT.