

Coconut Cake, Full Sheet

Nutrition Facts

Serving Size 3 1/2 oz (99 g)
Servings Per Container 64

Amount Per Serving

Calories 340 **Calories from Fat** 140

Calories From Saturated Fat 60

% Daily Value*

Total Fat 16g **25%**

Saturated Fat 7g **34%**

Trans Fat 0g

Polyunsaturated Fat 4.5g

Monounsaturated Fat 4g

Cholesterol 20mg **7%**

Sodium 290mg **12%**

Potassium 60mg **2%**

Total Carbohydrate 47g **16%**

Dietary Fiber 0g **0%**

Sugars 33g

Sugar Alcohol 0g

Protein 3g **6%**

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 6%

Vitamin D 6%

Vitamin E 0%

Vitamin K 0%

Riboflavin 4%

Niacin 4%

Vitamin B6 0%

Vitamin B12 0%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHITE CAKE BASE (SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DRY EGG WHITES, SOYBEAN OIL, PROPYLENE GLYCOL MONO & DIESTERS WITH BHT & CITRIC ACID AS PRESERVATIVES, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), FOOD STARCH-MODIFIED, DRY EGG YOLK, DEXTROSE, MONO & DYGLYCERIDES, SALT, NONFAT MILK SOLIDS, SORBITAN MONOSTEARATE, ARTIFICIAL FLAVOR, SOY LECITHIN, CELLULOSE GUM, POLYSORBATE 60, XANTHAN GUM, WHEAT STARCH, PROPYLENE GLYCOL), WATER, POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), COCONUT (COCONUT, SUGAR, WATER, PROPYLENE GLYCOL) (TREE NUTS), SOYBEAN OIL (SOYBEANS), ICING SHORTENING (PALM OIL (USA) (OR MODIFIED PALM OIL (CANADA)), MONO & DIGLYCERIDES, POLYSORBATE 60. (SOYBEANS), BUTTER-MARGARINE BLEND (VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3), CREAM, NATURAL FLAVORINGS (MILK), VINEGAR, NATURAL & ARTIFICIAL FLAVOR (MILK), VANILLA (NATURAL & ARTIFICIAL FLAVORING)

CONTAINS: EGG, MILK, SOYBEANS, TREE NUTS AND WHEAT.