

Counterpoint Cake, 2 Layer

Nutrition Facts

Serving Size 5 1/2 oz (156 g)
Servings Per Container 12

Amount Per Serving

Calories 560 **Calories from Fat** 240

Calories From Saturated Fat 110

% Daily Value*

Total Fat 26g **40%**

Saturated Fat 12g **60%**

Trans Fat 0g

Polyunsaturated Fat 6g

Monounsaturated Fat 7g

Cholesterol 45mg **15%**

Sodium 370mg **16%**

Potassium 115mg **3%**

Total Carbohydrate 83g **28%**

Dietary Fiber 2g **9%**

Sugars 70g

Sugar Alcohol 1g

Protein 4g **8%**

Vitamin A 2%

Vitamin C 0%

Calcium 4%

Iron 10%

Vitamin D 70%

Vitamin E 0%

Vitamin K 0%

Riboflavin 8%

Niacin 4%

Vitamin B6 0%

Vitamin B12 2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), SUGAR, WATER, CHOCOLATE FLAKES (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, COCOA, CHOCOLATE LIQUOR, COCOA PROCESSED WITH ALKALI, SOY LECITHIN ADDED AS AN EMULSIFIER) (MILK), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3), WHOLE EGGS, SOYBEAN OIL (SOYBEANS), ICING SHORTENING (PALM OIL (USA) (OR MODIFIED PALM OIL (CANADA))), MONO & DIGLYCERIDES, POLYSORBATE 60. (SOYBEANS), BUTTER-MARGARINE BLEND (VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT), COCOA, CREAM, NATURAL FLAVORINGS (MILK), BAKING SODA, BAKING POWDER (CORN STARCH, SODIUM BICARBONATE (BAKING SODA), ANHYDROUS SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), VANILLA (NATURAL & ARTIFICIAL FLAVORING), VINEGAR, SALT, NATURAL & ARTIFICIAL FLAVOR (MILK)

CONTAINS: EGG, MILK, SOYBEANS AND WHEAT.