

Counterpoint Cake, Full Sheet

Nutrition Facts

Serving Size 4 oz (113 g)
Servings Per Container 64

Amount Per Serving

Calories 370 **Calories from Fat** 150

Calories From Saturated Fat 60

% Daily Value*

Total Fat 16g **25%**

Saturated Fat 7g **33%**

Trans Fat 0g

Polyunsaturated Fat 5g

Monounsaturated Fat 4g

Cholesterol 40mg **13%**

Sodium 320mg **13%**

Potassium 100mg **3%**

Total Carbohydrate 57g **19%**

Dietary Fiber 2g **7%**

Sugars 45g

Sugar Alcohol 1g

Protein 3g **7%**

Vitamin A 2%

Vitamin C 0%

Calcium 4%

Iron 10%

Vitamin D 60%

Vitamin E 0%

Vitamin K 0%

Riboflavin 6%

Niacin 2%

Vitamin B6 0%

Vitamin B12 2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: SUGAR, WATER, POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3), WHOLE EGGS, CHOCOLATE FLAKES (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, COCOA, CHOCOLATE LIQUOR, COCOA PROCESSED WITH ALKALI, SOY LECITHIN ADDED AS AN EMULSIFIER) (MILK), SOYBEAN OIL (SOYBEANS), COCOA, ICING SHORTENING (PALM OIL (USA) (OR MODIFIED PALM OIL (CANADA)), MONO & DIGLYCERIDES, POLYSORBATE 60. (SOYBEANS), BUTTER-MARGARINE BLEND (VEGETABLE OIL BLEND (PALM AND PALM KERNEL OIL, SOYBEAN OIL), SKIM MILK, BUTTER (CREAM, SALT), CONTAINS LESS THAN 2% OF NATURAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), SALT), CREAM, NATURAL FLAVORINGS (MILK), BAKING SODA, BAKING POWDER (CORN STARCH, SODIUM BICARBONATE (BAKING SODA), ANHYDROUS SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), SALT, VANILLA (NATURAL & ARTIFICIAL FLAVORING), VINEGAR, NATURAL & ARTIFICIAL FLAVOR (MILK)

CONTAINS: EGG, MILK, SOYBEANS AND WHEAT.