



## French Blackberry Pie

<b>Nutrition Facts</b>			
Serving Size 6 oz (170 g)			
Servings Per Container 8			
Amount Per Serving			
<b>Calories</b> 420	<b>Calories from Fat</b> 170		
Calories From Saturated Fat 60			
% Daily Value*			
<b>Total Fat</b> 19g	<b>29%</b>		
Saturated Fat 6g	<b>32%</b>		
Trans Fat 3.5g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 7g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 510mg	<b>21%</b>		
Potassium 135mg	<b>4%</b>		
<b>Total Carbohydrate</b> 61g	<b>20%</b>		
Dietary Fiber 4g	<b>15%</b>		
Sugars 35g			
Sugar Alcohol 0g			
<b>Protein</b> 3g	<b>6%</b>		
Vitamin A	2%		
Vitamin C	20%		
Calcium	2%		
Iron	8%		
Vitamin D	0%		
Vitamin E	4%		
Vitamin K	15%		
Riboflavin	6%		
Niacin	8%		
Vitamin B6	0%		
Vitamin B12	0%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
	Fat	9	• Carbohydrate 4 • Protein 4

INGREDIENTS: BLACKBERRIES, WATER, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) (WHEAT), SHORTENING (PARTIALLY HYDROGENATED SOYBEAN OIL, PARTIALLY HYDROGENATED COTTONSEED OIL) (SOYBEANS), SHORTENING (PALM OIL AND SOYBEAN OIL, WITH MONO- AND DIGLYCERIDES ADDED) (SOYBEANS), BROWN SUGAR (SUGAR, INVERT SUGAR & CANE MOLASSES), MODIFIED CORN STARCH, SALT, BAKING SODA, CINNAMON

CONTAINS: SOYBEANS AND WHEAT.