



Harmony Cupcakes

| Nutrition Facts | | | |
|--|------------------------------|---------|------------------------------|
| Serving Size 4 oz (113 g) | | | |
| Servings Per Container 6 | | | |
| Amount Per Serving | | | |
| Calories 380 | Calories from Fat 140 | | |
| Calories From Saturated Fat 40 | | | |
| % Daily Value* | | | |
| Total Fat 16g | 24% | | |
| Saturated Fat 4.5g | 23% | | |
| Trans Fat 0g | | | |
| Polyunsaturated Fat 5g | | | |
| Monounsaturated Fat 6g | | | |
| Cholesterol 15mg | 5% | | |
| Sodium 300mg | 12% | | |
| Potassium 140mg | 4% | | |
| Total Carbohydrate 60g | 20% | | |
| Dietary Fiber 2g | 8% | | |
| Sugars 45g | | | |
| Sugar Alcohol 0g | | | |
| Protein 4g | 8% | | |
| Vitamin A | 2% | | |
| Vitamin C | 0% | | |
| Calcium | 4% | | |
| Iron | 15% | | |
| Vitamin D | 25% | | |
| Vitamin E | 0% | | |
| Vitamin K | 0% | | |
| Riboflavin | 4% | | |
| Niacin | 4% | | |
| Vitamin B6 | 0% | | |
| Vitamin B12 | 0% | | |
| * Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | | | |
| | Calories | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Calories per gram | | | |
| | Fat | 9 | • Carbohydrate 4 • Protein 4 |

INGREDIENTS: POWDERED SUGAR (GROUND SUCROSE WITH CORN STARCH ADDED AS AN ANTI-CAKING AGENT), WHITE CAKE BASE (SUGAR, ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DRY EGG WHITES, SOYBEAN OIL, PROPYLENE GLYCOL MONO & DIESTERS WITH BHT & CITRIC ACID AS PRESERVATIVES, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), FOOD STARCH-MODIFIED, DRY EGG YOLK, DEXTROSE, MONO & DYGLYCERIDES, SALT, NONFAT MILK SOLIDS, SORBITAN MONOSTEARATE, ARTIFICIAL FLAVOR, SOY LECITHIN, CELLULOSE GUM, POLYSORBATE 60, XANTHAN GUM, WHEAT STARCH, PROPYLENE GLYCOL) (EGG, MILK, SOYBEANS, WHEAT), WATER, MARGARINE (VEGETABLE OIL BLEND (PALM OIL & SOYBEAN OIL), WATER, SALT, CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED, WHEY) (MILK, SOYBEANS), COCOA (MILK, PEANUTS, SOYBEANS, TREE NUTS), SOYBEAN OIL (SOYBEANS), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3) (EGG, MILK, SOYBEANS), PAN COATING: CANOLA OIL AND SOY LECITHIN (SOYBEANS)

CONTAINS: EGG, MILK, SOYBEANS AND WHEAT.