



NSA - Coconut, Whip Top, Cream Pie

Nutrition Facts			
Serving Size 5 oz (142 g)			
Servings Per Container 8			
Amount Per Serving			
Calories 330	Calories from Fat 210		
Calories From Saturated Fat 140			
% Daily Value*			
Total Fat 24g	36%		
Saturated Fat 16g	78%		
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 5g			
Cholesterol 35mg	12%		
Sodium 530mg	22%		
Potassium 160mg	4%		
Total Carbohydrate 29g	10%		
Dietary Fiber 2g	6%		
Sugars 1g			
Sugar Alcohol 6g			
Protein 3g	7%		
Vitamin A	2%		
Vitamin C	10%		
Calcium	6%		
Iron	6%		
Vitamin D	40%		
Vitamin E	0%		
Vitamin K	0%		
Riboflavin	15%		
Niacin	20%		
Vitamin B6	2%		
Vitamin B12	0%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
	Fat	9	• Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, SUGAR-FREE WHIPTOPPING (WATER, HYDROGENATED PALM KERNEL OIL, SORBITOL, ERYTHRITOL, MODIFIED CELLULOSE, POLYSORBATE 60, NATURAL AND ARTIFICIAL FLAVORS, POLYGLYCEROL ESTERS OF FATTY ACIDS, SALT, GLYCEROL-LACTO ESTERS OF FATTY ACIDS, XANTHAN GUM, SODIUM STEAROYL LACTYLATE, SODIUM ALGINATE, SUNFLOWER LECITHIN, SODIUM CITRATE, DISODIUM PHOSPHATE, ACESULFAME POTASSIUM.) (MILK, SOYBEANS), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) (WHEAT), SHORTENING (PALM OIL AND SOYBEAN OIL, WITH MONO- AND DIGLYCERIDES ADDED) (SOYBEANS), SUGAR-FREE COCONUT (COCONUT, SODIUM METABISULFITE (RETAINS WHITENESS)) (SULPHITES, TREE NUTS), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3) (EGG, MILK, SOYBEANS), EGG WHITES (EGG WHITES, WATER, GUAR GUM & TRIETHYL CITRATE ADDED AS WHIPPING AIDS) (EGG), MILK SOLIDS (NONFAT DRY MILK, WHEY) (MILK), EGG YOLKS (EGG), CORNSTARCH, EQUAL (MALTODEXTRIN, ASPARTAME), MODIFIED CORN STARCH, SALT, BAKING SODA, VANILLA (NATURAL & ARTIFICIAL FLAVORING)

CONTAINS: EGG, MILK, SOYBEANS, SULPHITES, TREE NUTS AND WHEAT.