



NSA - Harmony, 2 Layer Cake

Nutrition Facts			
Serving Size 4 oz (113 g)			
Servings Per Container 12			
Amount Per Serving			
Calories 350	Calories from Fat 200		
Calories From Saturated Fat 100			
% Daily Value*			
Total Fat 23g	35%		
Saturated Fat 11g	54%		
Trans Fat 0g			
Polyunsaturated Fat 4g			
Monounsaturated Fat 6g			
Cholesterol 55mg	19%		
Sodium 310mg	13%		
Potassium 160mg	5%		
Total Carbohydrate 45g	15%		
Dietary Fiber 5g	21%		
Sugars 1g			
Sugar Alcohol 16g			
Protein 4g	9%		
Vitamin A	0%		
Vitamin C	6%		
Calcium	6%		
Iron	20%		
Vitamin D	45%		
Vitamin E	2%		
Vitamin K	2%		
Riboflavin	15%		
Niacin	20%		
Vitamin B6	0%		
Vitamin B12	2%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
	Fat	9	• Carbohydrate 4 • Protein 4

INGREDIENTS: WHITE CAKE SUGAR-FREE BASE (ENRICHED WHEAT FLOUR BLEACHED (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MALTITOL, POLYDEXTROSE, SOYBEAN OIL, PROPYLENE GLYCOL MONO & DIESTERS WITH BHT & CITRIC ACID AS PRESERVATIVES, DRY EGG WHITES, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE), FOOD STARCH-MODIFIED, MONO & DIGLYCERIDES, SALT, SORBITAN MONOSTEARATE, SOY LECITHIN, PROPYLENE GLYCOL, XANTHAN GUM, POLYSORBATE 60, CELLULOSE GUM, ACESULFAME POTASSIUM, NATURAL & ARTIFICIAL FLAVOR, WATER, POLYSORBATE 80, GLYCERIN, CARAMEL COLOR, WHEAT STARCH, SILICON DIOXIDE, CITRIC ACID) (EGG, SOYBEANS, WHEAT), WATER, CREAM, NATURAL FLAVORINGS (MILK), EQUAL (MALTODEXTRIN, ASPARTAME), EVAPORATED MILK (MILK, DIPOTASSIUM PHOSPHATE & CARRAGEENAN AS STABILIZERS, VITAMIN D3) (EGG, MILK, SOYBEANS), MALTITOL POWDER (WHEAT), WHOLE EGGS (EGG), COCOA (MILK, PEANUTS, SOYBEANS, TREE NUTS), SOYBEAN OIL (SOYBEANS), MILK SOLIDS (NONFAT DRY MILK, WHEY) (MILK), PAN COATING: CANOLA OIL AND SOY LECITHIN (SOYBEANS)

CONTAINS: EGG, MILK, SOYBEANS AND WHEAT.