



Pumpkin Whip Top Pie, Specialty

Nutrition Facts

Serving Size 5 1/2 oz (156 g)
Servings Per Container 8

Amount Per Serving

Calories 340 **Calories from Fat** 130
Calories From Saturated Fat 70
% Daily Value*

Total Fat 14g	22%
Saturated Fat 8g	39%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 4g	
Cholesterol 45mg	15%
Sodium 440mg	18%
Potassium 170mg	5%
Total Carbohydrate 50g	17%
Dietary Fiber 2g	7%
Sugars 29g	
Sugar Alcohol 0g	
Protein 3g	6%

Vitamin A	80%
Vitamin C	20%
Calcium	8%
Iron	6%
Vitamin D	0%
Vitamin E	0%
Vitamin K	0%
Riboflavin	20%
Niacin	35%
Vitamin B6	0%
Vitamin B12	2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, PUMPKIN, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) (WHEAT), SHORTENING (PALM OIL AND SOYBEAN OIL, WITH MONO- AND DIGLYCERIDES ADDED) (SOYBEANS), WHOLE EGGS (EGG), MILK SOLIDS (NONFAT DRY MILK, WHEY) (MILK), WHIP TOPPING (WATER, HYDROGENATED VEGETABLE OIL (PALM, PALM KERNEL, COCONUT AND/OR COTTONSEED), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF THE FOLLOWING: CARBOHYDRATE GUM, POLYSORBATE 60, SALT, POLYGLYCEROL ESTERS OF FATTY ACIDS, SOY LECITHIN, DISODIUM PHOSPHATE, SODIUM CITRATE, XANTHAN GUM, ARTIFICIAL FLAVOR, NATURAL FLAVOR, COLORED WITH TURMERIC AND ANNATTO EXTRACTS (SOYBEANS), MODIFIED CORN STARCH, SALT, CINNAMON, SPICES, BAKING SODA, VANILLA (NATURAL & ARTIFICIAL FLAVORING)

CONTAINS: EGG, MILK, SOYBEANS AND WHEAT.