



## Southern Sweet Potato Pecan Pie, Specialty

### Nutrition Facts

Serving Size 5 oz (142 g)  
Servings Per Container 8

#### Amount Per Serving

**Calories** 450      **Calories from Fat** 210  
Calories From Saturated Fat 60

**% Daily Value\***

**Total Fat** 24g **36%**

Saturated Fat 7g **33%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 11g

**Cholesterol** 65mg **21%**

**Sodium** 390mg **16%**

Potassium 180mg **5%**

**Total Carbohydrate** 58g **19%**

Dietary Fiber 1g **6%**

Sugars 33g

Sugar Alcohol 0g

**Protein** 5g **10%**

Vitamin A 20%

Vitamin C 8%

Calcium 4%

Iron 8%

Vitamin D 0%

Vitamin E 4%

Vitamin K 0%

Riboflavin 15%

Niacin 20%

Vitamin B6 4%

Vitamin B12 4%

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, SUGAR, PECANS (PEANUTS, TREE NUTS), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) (WHEAT), WHOLE EGGS (EGG), SWEET POTATO, SHORTENING (PALM OIL AND SOYBEAN OIL, WITH MONO- AND DIGLYCERIDES ADDED) (SOYBEANS), CORN SYRUP, MILK SOLIDS (NONFAT DRY MILK, WHEY) (MILK), MODIFIED FOOD STARCH, CREAM, NATURAL FLAVORINGS (MILK), SALT, MODIFIED CORN STARCH, BAKING SODA, NUTMEG, 16OZ, ALLSPICE, GINGER, NATURAL AND ARTIFICIAL FLAVORING

CONTAINS: EGG, MILK, PEANUTS, SOYBEANS, TREE NUTS AND WHEAT.